

HOURS

Hazelden Professional Education Catalog

Earn continuing education hours *all from the comfort of your home or work.*

- ▶ Online Courses
- ▶ Books with CE Tests
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- ▶ Program Implementation Trainings

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Don't have the time or budget to attend a conference?

With Hazelden you can earn CEs with the click of a mouse or the turn of a page.

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This catalog showcases the vast array of tools we provide to enhance your knowledge base and update your licensure with the latest science- and evidence-based practices. Developed by the Hazelden Graduate School of Addiction Studies and Hazelden Publishing, these user-friendly, economical courses, webinars, books, and trainings allow you to **access a wealth of knowledge from Hazelden clinicians, Graduate School instructors, and other leading professionals in addiction treatment, prevention, and behavioral health.** Through these educational, interactive resources, you will build a strong knowledge base in the topic of your choice and earn continuing education (CE) hours. Our offerings take many forms:



To view the complete list of online courses—now more than thirty strong—check out **hazelden.org/professionaled**. Don't forget to keep coming back, as course offerings will increase as Hazelden adds courses to address the latest and most relevant topics in addiction, behavioral health, and prevention. CE hours are available for most courses.



Read and learn from expert authors, take the included CE test, then mail it in to receive your CE hours. Instructions for how to secure your CEs are included with the resource upon delivery. Place your order at **hazelden.org/bookstore**, and we'll ship your resource of choice to your home or office.



Resources in this category are available in two formats—as online courses at **hazelden.org/professionaled** or as multimedia tools at **hazelden.org/bookstore**. CE hours can be earned either way.



Each year Hazelden hosts an array of live educational webinars. We now offer professionals the opportunity to access our popular webinar archives then take a simple learning assessment to earn CEs from NAADAC or APA. Visit **hazelden.org/webinars** for a complete schedule of live and archived events.



Our certified trainers will help those who have purchased our curricula achieve the expected outcomes. Training helps individuals see the “big picture” and understand how their role contributes to successful program implementation. To discover our full menu of program trainings, visit **hazelden.org/producttraining**. Participants receive 6 CE hours per day.

Professionals can earn CEs from the following organizations. Look for these acronyms near our course and resource descriptions.



The Association for Addiction Professionals (**NAADAC**)
[Program Provider #000272 and #000381]



The California Association of Alcoholism and Drug Abuse Counselors (**CAADAC**)
[Program Provider #OS-04-651-1012]



The American Psychological Association (**APA**) [Program Provider: The Hazelden Graduate School of Addiction Studies is approved by the American Psychological Association to sponsor continuing education for psychologists.]



Illinois Alcohol and Other Drug Abuse Professional Certification Association (**IAODAPCA**) [Program Provider #9761, #9762, and #9763]



National Association of Elementary School Principals



ADDICTION TREATMENT

ASSESSMENT AND INTERVENTION

Online
Courses



Earning CEs online is as easy as 1-2-3 with Hazelden's online courses.

HERE'S HOW IT WORKS:

1. Visit hazelden.org/professionaled, click on [CREATE AN ACCOUNT](#), and complete the log-in registration.
2. Go to the course catalog, select the course you wish to take, and pay for it.
3. Complete the course and the test, then print your certificate with NAADAC or APA CEs earned for your records.

The courses you complete will be listed in your personal profile and are available to you online at any time. If you need to stop a course and continue at another time, you will be able to continue where you left off.

Technical assistance is available 24/7 by calling 866-948-6836.



Two Ways to Learn and Earn



Books with CE Tests



Applying ASAM Placement Criteria

THE CLINICAL INNOVATORS SERIES

David Mee-Lee, M.D., with Kathyeen M. Tomlin

The need for standardized client care was recognized in 1991, when the American Society of Addiction Medicine published its Patient Placement Criteria for treating psychoactive substance use disorders. David Mee-Lee presents a clear and concise overview of the new ASAM criteria, teaching you to use the criteria to support sound clinical perspectives, validate key thoughts, and explore new ways of viewing your work without negating your current services.

DL115 / \$175.00 Online Course

At hazelden.org/professionaled

7903 / \$175.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

10 CEs from NAADAC and CAADAC (CEs also available from IAODAPCA for item #7903)



Brief Intervention

THE CLINICAL INNOVATORS SERIES

Ken C. Winters, Ph.D.

Leading expert Ken Winters presents the model of brief intervention—an evidence-based practice combining motivational interviewing, stages of change, and cognitive-behavioral theory. Here you will learn to help clients with a wide range of profiles identify, assess, and understand their own patterns of abuse.

DL114 / \$175.00 Online Course

At hazelden.org/professionaled

0617 / \$175.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

8 CEs from NAADAC and CAADAC (CEs also available from IAODAPCA for item #0617)



Time-Effective Treatment

A Manual for Substance Abuse Professionals

Emil Chiauzzi, Ph.D.; Albert J. Villapiano, Ed.D.; Simon H. Budman, Ph.D.; and Risa Goldman, M.A.

This manual helps you tailor interventions to a client's readiness to change. Includes a facilitator's guide and reproducible client handouts.

2084 / \$109.00 Three-Ring Binder with CE Test, 238 pp.

At hazelden.org/bookstore

6 CEs from NAADAC, CAADAC, IAODAPCA



Drug Testing in Treatment Settings

Guidelines for Effective Use

Robert L. DuPont, M.D.; Paul R. Brethen, M.A., M.F.T.; and Richard A. Newel, Ph.D.

These guidelines will help inpatient and outpatient treatment facilities decide how to use drug testing as part of a comprehensive treatment program.

4848 / \$74.95 Softcover with CE Test, 152 pp.

7390 / \$34.95 Softcover without CE Test, 152 pp.

At hazelden.org/bookstore

8 CEs from NAADAC, CAADAC, IAODAPCA



Drug Testing in Correctional Settings

Guidelines for Effective Use

Robert L. DuPont, M.D.; Thomas M. Mieczkowski, Ph.D.; and Richard A. Newel, Ph.D.

Learn how to use drug testing as part of a comprehensive drug treatment program in prison and community corrections programs.

4855 / \$74.95 Softcover with CE Test, 128 pp.

7392 / \$34.95 Softcover without CE Test, 128 pp.

At hazelden.org/bookstore

10 CEs from NAADAC, CAADAC, IAODAPCA

To browse all Hazelden curricula, books, and multimedia tools, call **800-328-9000** or visit hazelden.org/bookstore.

THE THERAPEUTIC PROCESS



Webinars with CE Tests

Using a Brief Intervention to Motivate Clients to Get Help

A How-to Webinar for Professionals

Tracy Stecker, Ph.D.

DL131 / \$20.00

2 CEs from NAADAC; 1 CE from APA

At hazelden.org/webinars

It is highly recommended that you purchase the manual when taking the webinar.

HAZELDEN ALSO RECOMMENDS

Using a Brief Intervention to Motivate Clients to Get Help A How-to Manual for Professionals

Tracy Stecker, Ph.D.

This evidence-based program applies cognitive-behavioral therapy into a sixty-minute brief intervention that has widespread applications in a variety of settings—from primary care facilities to intake call centers and military outlets to school counseling departments and parole offices.

3844 / \$79.00 80-Page Manual and CD-ROM

At hazelden.org/bookstore

CEs are not available with this resource.



Online Courses

Therapeutic Alliance and Engagement

Daniel C. Frigo, Ph.D., L.P.,
Hazelden Graduate School Dean



This course explores the importance of the therapeutic alliance between counselor and patient in the treatment process. It discusses personal skills and traits you need to achieve a strong therapeutic alliance with your client.

DL106 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; 1 CE from APA

Empathy: Keystone to Building an Alliance

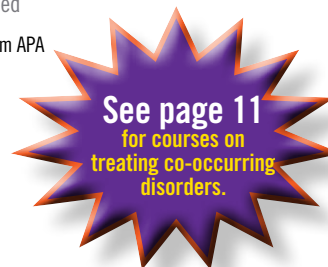
Daniel C. Frigo, Ph.D., L.P., Hazelden Graduate School Dean

Empathy is a concept widely discussed as an essential part of the therapeutic process. Even though many proclaim the importance of empathy, what does it really mean? How is it applied in the therapeutic context, and what interferes with its establishment in the alliance? Once empathy is established, but a rupture occurs in the therapeutic bond, how does one restore it? This course examines these and other questions and aspects of empathy. The outcome of the course is to help build better alliances with clients struggling with addiction and, ultimately, to achieve better treatment outcomes.

DL105 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; 1 CE from APA



Two Ways to Learn and Earn

Stages of Change and Addiction

THE CLINICAL INNOVATORS SERIES

Carlo C. DiClemente, Ph.D.

A seminal theory in treatment today, stages of change is only part of a larger picture: the transtheoretical model. This title examines stages of change in context as presented by a true innovator, Carlo DiClemente. It's also an effective prevention tool, because addiction develops in stages as does recovery.

DL112 / \$175.00 Online Course

At hazelden.org/professionaled

0618 / \$175.00 DVD, Clinician's Manual, CE Test



At hazelden.org/bookstore

10 CEs from NAADAC, CAADAC (CEs also available from IAODAPCA for item #0618)



Books with CE Tests

Motivational Interviewing and Stages of Change Integrating Best Practices for Substance Abuse Professionals

Kathleen M. Tomlin, M.S., L.P.C., C.A.D.C. III,
and Helen Richardson

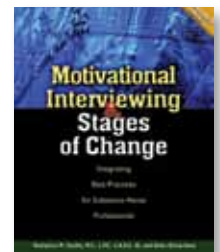
Motivational interviewing (MI) is a client-centered counseling style that elicits behavior change by helping clients explore and resolve ambivalence regarding their substance abuse. The ideas and exercises in this clinician-tested book help you integrate MI and stages of change into your daily practice.

1019 / \$74.95 Softcover with CE Test, 240 pp.

7393 / \$34.95 Softcover without CE Test, 240 pp.

At hazelden.org/bookstore

8 CEs from NAADAC, CAADAC, IAODAPCA



ADDICTION TREATMENT

CLINICAL EFFECTIVENESS AND ETHICS



Online Courses

Clinical Effectiveness: Ethical and Legal Considerations

Timothy Sheehan, Ph.D., Hazelden Graduate School Dean of Institutional Effectiveness

This course provides an overview of ethical and legal considerations affecting a wide range of counseling practices, for the purpose of strengthening clinical effectiveness. Conceptual and factual information is discussed and reviewed, including historical context and current practice considerations.

DL119 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA



Ethics for Addiction Counselors Working with Adolescents

Gary Schoener, M.Ed., Licensed Psychologist

This course covers some basics of ethical decision-making, examining key ethical principles and how they impact decision-making in work with adolescents. It focuses on how to sort through options when laws and ethics collide, managing high-risk situations within ethical and legal guidelines.

DL134 / \$30.00 Online Course

At hazelden.org/professionaled

2.5 CEs from NAADAC; **2.5 CEs** from APA



Two Ways to Learn and Earn

Methamphetamine

New Knowledge, New Treatments

THE CLINICAL INNOVATORS SERIES

Richard A. Rawson, Ph.D.

With all the information available about meth addiction and treatment, separating myths from reality can be difficult. Richard Rawson examines in detail the latest research on meth use and brain imaging. He also discusses promising treatment strategies, resources for treatment providers, and the prospects of effective medications.

DL113 / \$175.00 Online Course

At hazelden.org/professionaled

2625 / \$195.00 DVD, Clinician's Guide, CE Test

At hazelden.org/bookstore

15 CEs from NAADAC, CAADAC (CEs also available from IAODAPCA for item #2625)



Books with CE Tests



A Clinician's Guide to Methamphetamine

Jeanne L. Obert, M.F.T., M.S.M.; Michael J. McCann, M.A.; Patricia Marinelli-Casey, Ph.D.; and Richard A. Rawson, Ph.D.

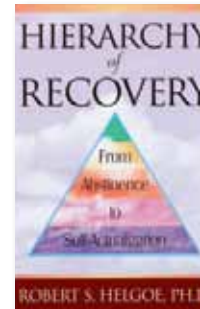
This skill-building clinician's manual was developed with the Matrix Institute on Addictions and UCLA's Integrated Substance Abuse Program.

7371 / \$99.00 Softcover with CE Test, 112 pp.

7394 / \$49.00 Softcover without CE Test, 112 pp.

At hazelden.org/bookstore

8 CEs from NAADAC, CAADAC, IAODAPCA



Hierarchy of Recovery

From Abstinence to Self-Actualization

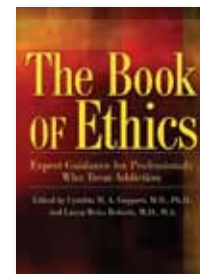
Robert S. Helgoe, Ph.D.

Based on Abraham Maslow's hierarchy of needs, this innovative measuring tool helps clinicians measure progress in recovery scientifically rather than subjectively.

0175 / \$74.95 Book and Facilitator's Guide with CE Test, 164 pp.

At hazelden.org/bookstore

8 CEs from NAADAC, CAADAC, IAODAPCA



The Book of Ethics

Expert Guidance for Professionals Who Treat Addiction

Cynthia M. A. Geppert, M.D., Ph.D., and Laura Weiss Roberts, M.D., M.A.

This groundbreaking anthology about contemporary ethical issues informs and challenges health care professionals, students, and faculty.

3014 / \$74.95 Softcover with CE Test, 192 pp.

3015 / \$34.95 Softcover without CE Test, 192 pp.

At hazelden.org/bookstore

16 CEs from NAADAC, CAADAC, IAODAPCA

NEUROBIOLOGY



Online Courses

Obsession of the Mind

The Latest Alcohol Craving Research

Valerie Slaymaker, Ph.D., Hazelden Graduate School Chief Academic Officer and Provost

Craving for alcohol is an important predictor of relapse among patients with alcohol dependence. This course explores the neuroscience of alcohol craving, how to measure craving among patients, and the latest research linking genetics to both craving itself and response to anti-craving pharmacological agents.

DL103 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA



Two Ways to Learn and Earn

The Neurobiology of Addiction

A New Perspective

THE CLINICAL INNOVATORS SERIES

Carlton K. Erickson, Ph.D.

Carlton Erickson, Ph.D., director of the Addiction Science Research and Education Center at the University of Texas, helps explain how developments in neurobiology call for basic changes in the very ways that addiction professionals discuss, define, and treat chemical dependence. Dr. Erickson renders the complex

neuroscience of dependence in a clear and refreshing approach to facilitate understanding and use in treatment and recovery.

DL116 / \$175.00 Online Course

At hazelden.org/professionaled

4728 / \$195.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

15 CEs from NAADAC, CAADAC (CEs also available from IAODAPCA for item #4728)



PARTNER SPOTLIGHT

The Hazelden Graduate School of Addiction Studies educates future leaders and practitioners in the field of addiction treatment. With an integrated approach, the Hazelden Graduate School of Addiction Studies combines academics with clinical practice supervised by experienced alcohol and drug treatment professionals. Several courses throughout this catalog were developed by Hazelden's Graduate School faculty.

SPIRITUALITY IN TREATMENT



Online Courses

Mindfulness and Multidisciplinary Treatment of Addiction

Annie Peters, Ph.D., L.P., Hazelden Graduate School Assistant Professor

Mindfulness practices have been a component of spiritual traditions and philosophical discourse for thousands of years. In the past few decades, mindfulness has been incorporated into empirically supported treatment approaches for a variety of psychological and medical problems, including addiction. This course provides counselors with a toolkit of mindfulness techniques that can supplement most counseling approaches, including those that focus on physical, emotional, and spiritual recovery from chemical dependency.



DL118 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA

Spirituality and Recovery Research Findings and Directions

Valerie Slaymaker, Ph.D., Hazelden Graduate School Chief Academic Officer and Provost

A long-recognized paradox in human experience is that when a situation is most bleak, there may arise the best opportunity for a spiritual awakening. Drug and alcohol addiction often bring a person to openness to spiritual experience. This course reviews the literature published to date on the effects of spiritual transformation during and after the treatment process. Because Twelve Step-based treatment relies heavily on the spiritually based AA philosophy, it is important to determine which components of this approach are most important in mediating spiritual change.



DL104 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA

Mindfulness for the Body

Annie Peters, Ph.D., L.P., Hazelden Graduate School Assistant Professor

This course demystifies the practice of mindfulness by reviewing recent neurobiological evidence and clinical effectiveness studies that support the use of mindfulness in promoting physical health. This course also provides a detailed examination of the physical, financial, and societal impact of three prevalent physical health issues: chronic stress, chronic pain, and sleep problems.

DL127 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA



ADDICTION TREATMENT

GENDER, AGE, AND ETHNICITY



Two Ways to Learn and Earn



Women and Addiction

A Gender-Responsive Approach

THE CLINICAL INNOVATORS SERIES

Stephanie S. Covington, Ph.D.

Women's treatment involves more than simply providing women-only group settings. Program content, staff selection, and even site selection are all components of an environment in which gender-responsive treatment thrives. In this program, Stephanie S. Covington describes how to create effective recovery services for women and girls—services that reflect an understanding of the realities of their lives and address their unique challenges and strengths.

DL111 / \$175.00 Online Course

At hazelden.org/professionaled

2907 / \$175.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

10 CEs from NAADAC, CAADAC (CEs also available from IAODAPCA for item #2907)



Adolescent Drug Abuse

A Family-Based Multidimensional Approach

THE CLINICAL INNOVATORS SERIES

Howard A. Liddle, Ed.D.

A premier leader in the field of adolescents and addiction, Howard Liddle has conducted rigorous research on the effectiveness of a strong family-based approach when treating substance-abusing youth. In this program, you'll explore the multiple factors that contribute to the development of adolescent substance abuse and its accompanying emotional and behavioral problems. You'll learn how to incorporate today's best practices in your treatment program, focusing the core ideas and clinical methods of an effective evidence-based, family-based treatment.

DL109 / \$175.00 Online Course

At hazelden.org/professionaled

2752 / \$195.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

20 CEs from NAADAC, CAADAC (CEs also available from IAODAPCA for item #2752)



Older Adults and Addiction

THE CLINICAL INNOVATORS SERIES

*Frederic C. Blow, Ph.D., and
David W. Oslin, M.D.*

As baby boomers reach retirement age, substance abuse among these older adults is on the rise. Frederick Blow, Ph.D., and David Oslin, M.D., apply the latest research to explore the unique problems of older adults with addiction and offer helpful screening tools and intervention techniques for working effectively with this population. You'll also learn more about how to utilize motivational interviewing techniques and make referral and treatment recommendations for older adults.

DL110 / \$175.00 Online Course

At hazelden.org/professionaled

7908 / \$175.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

10 CEs from NAADAC, CAADAC (CEs also available from IAODAPCA for item #7908)



Online Courses

Women, Addiction, and Trauma

Stephanie S. Covington, Ph.D.

In this two-hour course, Dr. Stephanie Covington shares her research on women, addiction, and trauma to help you improve your clinical practice. While research and clinical experience indicate a high incidence of trauma and co-occurring disorders in the lives of women and girls, clinicians often struggle with the realities of providing effective, integrated treatment. This course uses the construct of gender to delineate the principles and process of developing trauma-informed services.

DL126 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA



How to Implement Specialty Care Tracks Within Addiction Treatment Programs

*Marvin D. Seppala, M.D., Omar Manejwala, M.D., and
Link Christin J.D.*

This course describes the overall movement toward specialty care programs and provides deeper insight into the rationale for these programs and the perceived benefits and liabilities. It provides participants reasons why it is vital for specific patient populations who require a high level of addiction services.

DL129 / \$30.00 Online Course

At hazelden.org/professionaled

2.5 CEs from NAADAC; **2.5 CEs** from APA



Books with CE Tests

Teen-Intervene, 2ND EDITION


Using Brief Intervention with Substance-Abusing Adolescents

Ken C. Winters, Ph.D.

Teen-Intervene helps youth identify the reasons they have chosen to use alcohol or other drugs, examine the effects of substance abuse in their lives, and learn to make healthier choices. The second edition of this best-selling evidence-based intervention program now includes updated information on the stages of change theory, motivational interviewing techniques, and cognitive-behavioral therapy, all incorporated into a practical, ready-to-use model.

Includes information about the adolescent brain and the neurobiology of addiction on a CD-ROM that contains a facilitator's guide, a PowerPoint presentation, and parent handouts.

What's Included:

- Facilitator's guide
- A post-test worth 8 CE hours upon successful completion
- Package of 30 Teen Drug Abuse Facts and Warning Signs slide guides
- *Drugs and the Developing Brain* CD-ROM 

4380 / \$249.00

At hazelden.org/bookstore

6 CEs from NAADAC, CAADAC, IAODAPCA

HAZELDEN ALSO RECOMMENDS

A Woman's Way through the Twelve Steps Complete Collection

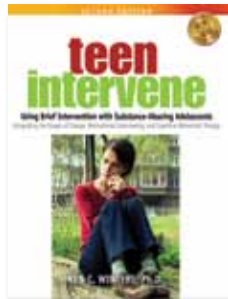
Stephanie S. Covington, Ph.D.

This collection helps clients explore spirituality, powerlessness, and the emergence of a feminine soul.

7542 / \$449.00 Facilitator's Guide, DVD, 10 Copies Each of the Book and Workbook *A Woman's Way through the Twelve Steps*

At hazelden.org/bookstore

CEs are not available with this product. 



Program Implementation Training

Hazelden offers implementation training on all of our evidence-based treatment programs. With training, you can maximize the effectiveness of your investment and maintain program fidelity. Our cadre of skilled professional trainers helps you implement your program, enabling you to meet or even exceed the original research results.

When you attend implementation training, you will earn six continuing education hours per day.

Addiction Treatment Programs with Available Implementation Training:

- **A New Direction**—3-day training
- **Co-occurring Disorders Program**—3-day training
- **Living in Balance**—2-day training
- **Teen-Intervene**—1-day training
- **Twelve Step Facilitation**—2-day training

The Matrix Model and The Matrix Model for Teens and Young Adults—Certified trainers from the Matrix Institute on Addictions can help you implement *The Matrix Model* with fidelity, understand the program's history, and customize treatment for specific populations. To learn more, contact Charles Anderson at the Matrix Institute at 800-310-7700, CAAnderson@matrixinstitute.org, or at matrixinstitute.org/trainings.

For additional information about Hazelden's program implementation training opportunities, including training agendas, pricing, and learner outcomes, visit hazelden.org/producttraining.

PARTNER SPOTLIGHT

NAADAC, the Association for Addiction Professionals, has joined with Hazelden to create a strategic partnership to improve the treatment of co-occurring substance use and mental health disorders. This partnership supports NAADAC members, psychiatrists, psychologists and other counselors with unparalleled access to state-of-the-art training and distance learning opportunities on the subject of co-occurring disorders, including *Integrating Treatment of Co-occurring Disorders: An Introduction to What Every Addiction Counselor Needs to Know*. NAADAC's members work to create healthier individuals, families, and communities through prevention, intervention, quality treatment, and recovery support.



ADDICTION TREATMENT

TWELVE STEP FACILITATION



Online Courses

Using the Twelve Steps to Promote Cognitive and Behavioral Change

Valerie Slaymaker, Ph.D., Hazelden Graduate School Chief Academic Officer and Provost

Whether you work directly with addictions or support patients in recovery, understanding the philosophy, principles, and process of the Twelve Step approach will help you facilitate client health and outcomes. This course identifies similarities between Twelve Step facilitation and cognitive-behavioral therapies. The first five of the Twelve Steps—and their related therapeutic milestones and tasks—are explored in detail. Scientific evidence in support of the approach is reviewed and resources for clinicians are provided.



DL121 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA

Evidence-Based Practice

What Does It Have to Do with the Twelve Steps?

Valerie Slaymaker, Ph.D., Hazelden Graduate School Chief Academic Officer and Provost

Combining a review of the recent research with extensive research experience, the instructor reviews definitions of evidence-based practice, identifies current evidence-based approaches in addiction treatment, and discusses research supporting the Twelve Step philosophy and treatment approach.

DL102 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA

TSF—Twelve Step Facilitation for Clinicians

Diane Sholomskas, Ph.D., and Kathleen Carroll, Ph.D.

The overall goal of Twelve Step facilitation (TSF) therapy is to help clients achieve abstinence from alcohol and foster commitment to participation in Alcoholics Anonymous (AA). This online educational program has been proven to increase clinicians' skills in implementing TSF therapy.

DL123 / \$250.00 Online Course

At hazelden.org/professionaled

25 CEs from NAADAC

Twelve Step Recovery and the Treatment of Depression

Timothy Sheehan, Ph.D., Hazelden Graduate School Dean of Institutional Effectiveness

This course provides a comprehensive overview of key clinical issues in the assessment and treatment of depression as a co-occurring disorder with alcohol and drug dependency. Prevalence of mood disorders, assessment considerations, and treatment options such as medication, cognitive-behavioral therapy (CBT), and Rational Emotive Behavior Therapy (REBT) are addressed. The integration of Twelve Step methods in the treatment of depression is thoroughly explored.



DL120 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA



Books with CE Tests

The Twelve-Step Facilitation Handbook

A Systematic Approach to Recovery from Substance Dependence

Joseph Nowinski and Stuart Baker

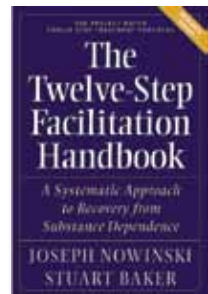
The Twelve-Step Facilitation Handbook documents the efficacy of Twelve Step facilitation (TSF) as proven in Project MATCH, a nationwide study that found TSF as effective as motivational enhancement and cognitive-behavioral treatment. Suitable for group or individual treatment programs.

2109 / \$74.95 Softcover with CE Test, 244 pp.

2682 / \$34.95 Softcover without CE Test, 224 pp.

At hazelden.org/bookstore

8 CEs from NAADAC, CAADAC, IAODAPCA



HAZELDEN ALSO RECOMMENDS

The Twelve Step Facilitation Outpatient Program

Joseph Nowinski, Ph.D.

This evidence-based, 12-session curriculum uses techniques and protocols from Project MATCH, a nationwide study that proved that TSF can be as effective as MET or CBT.

2436 / \$349.00 Handbook, Binder, CD-ROM with Reproducible Handouts

At hazelden.org/bookstore

CEs are not available with this product.



BEHAVIORAL HEALTH

CO-OCCURRING DISORDERS



Online Courses

Anxiety Disorders

Daniel C. Frigo, Ph.D., L.P., Hazelden Graduate School Dean

This course will provide a broad, general overview of anxiety disorders outlined in the *DSM-IV-TR* (excluding post-traumatic stress disorder). Participants will develop a basic knowledge of anxiety disorders and the evidence-based approaches used to treat them, along with effective therapist characteristics that help establish an alliance and provide care. The presentation also considers prognoses for the various anxiety disorders.

DL117 / \$20.00 Online Course

At hazelden.org/professionaled

2 CEs from NAADAC; **1 CE** from APA



Two Ways to Learn and Earn



Integrating Treatment for Co-occurring Disorders

An Introduction to What Every Addiction Counselor Needs to Know

In this innovative education program developed by NAADAC and Hazelden, a framework for understanding co-occurring disorders is presented, along with information about screening and assessment, stages of change and treatment models, evidence-based practices, medication management, and evaluation.

DL101 / \$180.00 18-Hour Online Course and Downloadable Reference Manual

At hazelden.org/professionaled

18 CEs from NAADAC or **6 CEs** from APA

3881 / \$180.00 Participant Guide and Reference Manual with CE Test

At hazelden.org/bookstore

18 CEs from NAADAC

3880 / \$75.00 Participant Guide and Reference Manual without CE Test

CEs are not available with this product.



Books with CE Tests

PTSD and Addiction

A Practical Guide for Clinicians and Counselors

Jerry A. Boriskin, Ph.D.

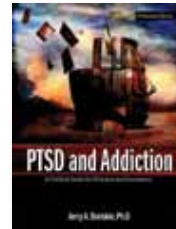
An expert in PTSD and addiction, Dr. Boriskin helps counselors reframe their perspectives regarding the role of trauma, addiction, and increased patient complexity.

4850 / \$74.95 Softcover with CE Test, 176 pp.

7388 / \$34.95 Softcover without CE Test, 176 pp.

At hazelden.org/bookstore

8 CEs from NAADAC, CAADAC, IAODAPCA



Treating Co-occurring Disorders

THE CLINICAL INNOVATORS SERIES

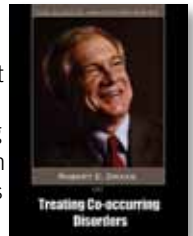
Robert E. Drake, Ph.D.

Dartmouth Medical School psychiatrist Robert Drake is nationally known for his work in treating substance abusing clients with severe mental disorders. In this program, he teaches professionals why treatment of co-occurring disorders doesn't and shouldn't end with deinstitutionalization. He then addresses the stages of change of treatment and how to navigate them, revealing how to help clients through the short-term process of remission and into the long-term process of recovery.

4240 / \$195.00 DVD, Clinician's Manual, CE Test

At hazelden.org/bookstore

20 CEs from NAADAC, CAADAC, IAODAPCA



Webinars with CE Tests

The Co-occurring Disorders Webinar Series

FACULTY FROM THE DARTMOUTH PSYCHIATRIC RESEARCH CENTER

Each session is moderated by Timothy Sheehan, Ph.D., L.P.

Webinar 1: Assessing Organizational Capability

Presenter: Mark McGovern, Ph.D.

DL139

Webinar 2: Screening and Assessing Clients

Presenter: Mark McGovern, Ph.D.

DL140

Webinar 3: Integrating Combined Therapies

Presenter: Mark McGovern, Ph.D.

DL138

Webinar 4: Applying Cognitive-Behavioral Therapy

Presenter: Mark McGovern, Ph.D.

DL137

Webinar 5: Helping Clients Manage Medications

Presenter: Mary F. Brunette, M.D.

DL136

Webinar 6: Engaging Families

Presenter: Kim T. Mueser, Ph.D.

DL135

\$20.00 each

At hazelden.org/webinars

2 CEs from NAADAC; **1 CE** from APA per webinar



BEHAVIORAL HEALTH

SEVERE MENTAL ILLNESS



Online Courses

Introduction to Integrated Dual Disorders Treatment (IDDT)

FACULTY FROM THE DARTMOUTH PSYCHIATRIC RESEARCH CENTER

The overall goal of *Integrated Dual Disorders Treatment (IDDT)* is to help clients with severe mental illnesses and addiction have the best chance at recovery. This online educational program helps clinicians obtain a solid theoretical foundation in IDDT through case studies, interactive exercises, and videos. Clinicians will learn key components of screening and assessment practices, appropriate interventions for a client's stage of change or stage of treatment, and effective use of peer groups. Also covered are evidence-based practices for recovery management, housing programs, supported employment, and family therapy.

DL133 / \$220.00 Online Course

At hazelden.org/professionaled

22 CEs from NAADAC, CAADAC



Webinars with CE Tests

Developing Best Practices, Skills, and Resources for Integrated Dual Disorders Treatment (IDDT)

Lindy Fox, M.A., L.A.D.C.

DL122 / \$20.00

At hazelden.org/webinars

2 CEs from NAADAC; **1 CE** from APA

Applying the Individual Placement and Support (IPS) Model with Supported Employment

Sarah J. Swanson and Deborah R. Becker, M.Ed., CRC

DL125 / \$20.00

At hazelden.org/webinars

2 CEs from NAADAC; **1 CE** from APA

Implementing the Pathways Model to End Homelessness with Housing First

Sam Tsemberis, Ph.D.

DL124 / \$20.00

At hazelden.org/webinars

2 CEs from NAADAC; **1 CE** from APA

Watch for additional webinars on similar subjects at hazelden.org/webinars.



Program Implementation Training

Hazelden offers implementation training on all of our evidence-based behavioral health programs. With training, you can maximize the effectiveness of your investment and maintain program fidelity. Our cadre of skilled professional trainers helps you implement your program, enabling you to meet or even exceed the original research results.

When you attend implementation training, you will earn six continuing education hours per day.

Behavioral Health Programs with Available Implementation Training:

- **Co-occurring Disorders Program**—2-day training
- **Lifelines (Suicide Prevention and Postvention)**—3-day training
- **Counselor's Program Implementation**—3-day training
- **Integrating Combined Therapies**—2-day training
- **Medication Management**—half-day training
- **Family Program**—2-day training

For additional information about Hazelden's program implementation training opportunities, including training agendas, pricing, and learner outcomes, visit hazelden.org/producttraining.

HAZELDEN ALSO RECOMMENDS

Integrated Dual Disorders Treatment (IDDT)

Best Practices, Skills, and Resources for Successful Client Care

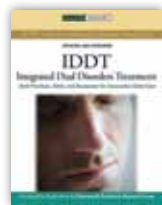
DEVELOPED BY FACULTY FROM THE DARTMOUTH PSYCHIATRIC RESEARCH CENTER

This updated and expanded curriculum is redesigned not only to more effectively teach clinical skills and provide practitioners with resources and tools for their practice, but also to offer the guidance necessary to align the work of departments and transform agencies into integrated treatment providers.

4750 / \$149.00 3-Ring Binder, Guide, and CD-ROM

At hazelden.org/bookstore

CEs are not available for this course.



See back cover for more on co-occurring disorders.

PARTNER SPOTLIGHT

Dartmouth Psychiatric Research Center (PRC), a leader in the research and development of evidence-based practices, has joined forces with Hazelden to develop a variety of evidence-based, user-friendly resources for the mental health and addiction treatment industries, including curricula, books, multimedia tools, online courses, and staff-development trainings. With the "Dartmouth PRC-Hazelden" imprint, we provide comprehensive programs based on rigorous research protocols for helping people identify their disorders, get the help they need, and sustain healthy, fulfilling lives.

VIOLENCE PREVENTION

TEEN DATING VIOLENCE AND ANGER



Online Courses

Teen Dating Violence 101

DEVELOPED IN PARTNERSHIP WITH BREAK THE CYCLE

This interactive program provides key information about dating violence and explains how you can help teens form healthy, violence-free relationships. Interactive quizzes, video clips, graphics, case studies, and online references make this program enjoyable and informative.

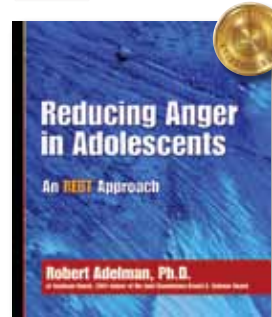
DL108 / \$50.00 Online Course

At hazelden.org/professionaled

CEs are not available for this course.



Books with CE Tests



Reducing Anger in Adolescents

An REBT Approach

Robert Adelman, Ph.D.

This curriculum helps you open the door to verbal interventions that are nonconfrontational, proactive, and collaborative. The curriculum includes 1 facilitator guide, a post-test worth 10 CE hours, and a CD-ROM of reproducible worksheets.

2737 / \$229.00

At hazelden.org/bookstore

10 CEs from NAADAC, CAADAC, IAODAPCA

HAZELDEN ALSO RECOMMENDS

Safe Dates, 2ND EDITION

An Adolescent Dating Abuse Prevention Curriculum

Vangie Foshee, Ph.D., and Stacey Langwick, Ph.D.

This evidence-based program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

9863 / \$225.00 Manual, 160 pp., with CD-ROM

At hazelden.org/bookstore

CEs are not available with this product.



Respect WORKS!

The most comprehensive, evidence-based model available to address the issue of teen dating violence. Package includes *Model Policy Kit* CD-ROM, *Safe Dates, [Ending Violence]* DVD-ROM and *Speak. Act. Change.* CD-ROM. **Learn more at respect-works.org.**

4884 / \$340.00 Includes *The School Policy Kit, Safe Dates, [Ending Violence],* and *Speak. Act. Change.*

At hazelden.org/bookstore

CEs are not available with this product.



See page 9

for courses and resources on adolescent treatment and intervention.

PARTNER SPOTLIGHT

Break the Cycle is the leading national nonprofit organization addressing teen dating violence and providing prevention education, legal services, public awareness, policy, and advocacy. Hazelden and Break the Cycle have partnered to bring the *Respect Works* program—which includes the NREPP-approved, evidence-based *Safe Dates* program—to communities nationwide, as well as the online course *Teen Dating Violence 101*.



VIOLENCE PREVENTION

BULLYING



Online Courses

Bullying 101

Faculty from Clemson University and Patricia W. Agatston, Ph.D., LPC

This two-hour course gives up-to-date, evidence-based information about bullying and cyber bullying and how to effectively address them. It employs extensive use of video, interactive elements, and case studies to create an engaging experience. At the completion of this course, learners will be able to

- define *bullying* and the different types of bullying that occur
- describe the prevalence of bullying in general and by grade, gender, and special characteristics of students (ethnicity, disability, sexual orientation, etc.)
- identify the short- and long-term consequences for students who are bullied and for students who bully others
- describe the characteristics of students who are bullied and students who bully others
- describe ineffective approaches to address the issue of bullying
- describe the best practices that research has shown to be most effective in addressing bullying
- demonstrate how those best practices can be applied in a school setting, using the *Olweus Bullying Prevention Program* as one example.

DL132 / \$50.00 Online Course

At hazelden.org/professionaled

CEs are not available for this course.

Bullying 101 for School Principals

Faculty from Clemson University and Patricia W. Agatston, Ph.D., LPC, in Partnership with the National Association of Elementary School Principals

This three-hour innovative distance learning course gives up-to-date information about bullying, cyber bullying, and best practices in implementing bullying prevention programming. The course also addresses the important role that K–12 school administrators (i.e., principals and assistant principals) can play in addressing this issue and provides practical tools and strategies for these leaders. Employing extensive use of video, interactivity and case studies to create an engaging experience, this course helps school administrators apply essential knowledge and skills for preventing or responding to bullying.

DL142 / \$80.00 Online Course

CEs available to principals from NAESP



Program Implementation Training

Hazelden offers implementation training on all of our evidence-based violence prevention programs. With training, you can maximize the effectiveness of your investment and maintain program fidelity. Our cadre of skilled professional trainers helps you implement your program, enabling you to meet or even exceed the original research results.

When you attend implementation training, you will earn six continuing education hours per day.

Violence Prevention Programs with Available Implementation Training:

- **The PAX Good Behavior Game**—1-day training
- **Lifelines (Prevention and Postvention)**—2-day training
- **Teen-Intervene**—1-day training
- **Safe Dates**—1-day training
- **Respect WORKS!**—Hazelden and Break the Cycle have created an in-depth training and technical assistance program for the complete *Respect WORKS!* model. To learn more, visit respect-works.org.

For additional information about Hazelden's program implementation training opportunities, including training agendas, pricing, and learner outcomes, visit hazelden.org/producttraining.

HAZELDEN ALSO RECOMMENDS

Olweus Bullying Prevention Program

Dan Olweus, Ph.D.; Susan P. Limber, Ph.D.; Vicki Crocker Flerx, Ph.D.; Nancy Mullin, M.Ed.; Jane Riese, L.S.W.; and Marlene Snyder, Ph.D.

The *Olweus Bullying Prevention Program* is a proven-effective resource to successfully reduce bullying behaviors and improve the whole school climate.

0542 / \$89.95 Schoolwide Guide, 145 pp., with CD-ROM and DVD



0541 / \$59 1.00 Teacher Guide, 177 pp., with CD-ROM and DVD

At hazelden.org/bookstore

CEs are not available with this product.



PARTNER SPOTLIGHT

Clemson University is the National Training Center for the award-winning *Olweus Bullying Prevention Program*. Members of their faculty and staff are widely considered leading experts in the field of bullying and cyber bullying, and they worked with Hazelden to develop the *Bullying 101* and *Bullying 101 for School Principals* online courses.

About the Online Course Instructors



Frederic C. Blow, Ph.D., directs the Department of Veteran Affairs division of the Serious Mental Illness Treatment Research and Evaluation Center in Ann Arbor, Michigan.

Kathleen Carroll, Ph.D., codeveloped *TSF for Clinicians* and is a consultant to Applied Behavioral Research, LLC, and professor of Psychiatry at Yale University School of Medicine, where the TSF manual was first developed as part of Project MATCH.



Carlo C. DiClemente, Ph.D., is professor and chair of the Department of Psychology at the University of Maryland, Baltimore County, and is the author of several books on substance abuse.



Stephanie S. Covington, Ph.D., is recognized for her pioneering work in women's issues for treatment and criminal justice settings and is an advocate for women's programs that are gender-responsive.



Carlton K. Erickson, Ph.D., is director of the Addiction Science Research and Education Center at the University of Texas.



Daniel C. Frigo, Ph.D., L.P., dean of the Hazelden Graduate School of Addiction Studies, was recognized with three "Excellence in Teaching" awards while at Washington University in Missouri. Dr. Frigo trained as a clinical social worker and has extensive clinical practice and consultation experience.



Howard A. Liddle, Ed.D., is director of the University of Miami Center for Treatment Research on Adolescent Drug Abuse.



David Mee-Lee, M.D., is a board-certified psychiatrist who coauthored the first and second editions of the ASAM criteria. He has over 25 years of experience with co-occurring disorders treatment and program development.



David W. Oslin, M.D., is an assistant professor of Psychiatry at the University of Pennsylvania Medical Center and the Philadelphia Veterans Affairs Medical Center.



Annie Peters, Ph.D., L.P., is an assistant professor at the Hazelden Graduate School of Addiction Studies. Her primary clinical interests have included co-occurring substance dependence and personality disorders, as well as mindfulness-based behavioral therapies.



Richard Rawson, Ph.D., of UCLA, is an expert on the treatment of methamphetamine addiction, and has conducted research and developed treatment systems for substance abuse for over 20 years.



Gary Schoener, M.Ed., is the director of Consultation and Training at the Walk-In Counseling Center. He has been a consultant in the substance abuse and chemical dependency field for forty years and has spent twenty-three years on the board and as a faculty member of the University of Minnesota counselor-training program. He has authored many publications, including the foreword to a major ethics text for chemical dependency counselors.



Timothy Sheehan, Ph.D., former dean of the Hazelden Graduate School of Addiction Studies, has over 25 years of clinical and executive experience in addiction and mental health services, higher education, and professional training.



Diane Sholomskas, Ph.D., codeveloped *TSF for Clinicians* and is the director of Research at Applied Behavioral Research, LLC.

Valerie Slaymaker, Ph.D., is chief academic officer and provost of Hazelden's Graduate School of Addiction Studies and the executive director of Hazelden's Butler Center for Research. Her interests include addiction treatment research, academic program evaluation, treatment outcomes, and the implementation of evidence-based practices in clinical and educational programming.

Kathleen M. Tomlin has worked in the addiction treatment and prevention field as a counselor, administrator, educator, and consultant since 1974. She specializes in treating adolescents and their families who are affected by addiction and multiple *DSM* diagnoses.



Ken C. Winters, Ph.D., is a national authority on brief intervention and the director of the Center for Adolescent Substance Abuse Research.

Faculty from Clemson University (*Susan P. Limber, Ph.D.*; *Marlene Snyder, Ph.D.*; *Jane Riese, L.S.W.*; *Robin M. Kowalski, Ph.D.*) and **Patricia W. Agatston, Ph.D., LPC**, are experts in bullying prevention and intervention. A number of these course developers were involved in the creation of the *Olweus Bullying Prevention Program*, published by Hazelden.



Discounts Schedule for Online Courses

DISCOUNTS FOR ORGANIZATIONS

Amount Spent	Discount Award
\$2,000–\$3,999	10% off
\$4,000–\$7,999	20% off
\$8,000 and above	30% off

DISCOUNTS FOR INDIVIDUAL PURCHASERS

Individuals who purchase three or more online courses AT ONE TIME, or a total of \$225.00 in online courses AT ONE TIME, get 10% off.*

*Some exclusions apply.

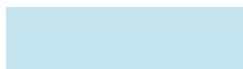


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 P.O. Box 176
 Center City, MN 55012-0176

PROMOTION
 CODE



CUSTOMER
 NUMBER




Focus on Integrated Treatment

Develop the skills to successfully treat clients with co-occurring disorders and get CCDP or CCDPD certified with our interactive online training program.

Coming in November 2011
 Visit hazelden.org/FIT to learn more.

Focus on Integrated Treatment (FIT) is a cost-effective, interactive online training program that helps you develop the skills to take an integrated approach to treating clients' co-occurring substance use and mental health disorders.

Each of *FIT's* 35 modules takes no more than sixty minutes to complete and includes videos of real clients sharing their stories, clinical vignettes, interactive exercises, and expert panel sessions. A 10-question test is offered at the conclusion of each module to check your understanding of the module.

You may choose to complete the entire *FIT* program, sign on to either the clinician or the clinical administrator track, or take courses in specific topic areas such as Screening and Assessment, Stages of Treatment, and Motivational Interviewing. This program is also incredibly flexible; CEs are awarded for each topic area, or group of modules, completed.

Earn CEs while you learn

IC&RC is offering up to 52.5 CE hours—or 1.5 hours per module—upon successful completion of the 35 *FIT* modules. You can apply to your local certification board for the hours earned at completion of this program, in combination with your clinical hours, for recertification of your current credential or to achieve the CCDP or CCDPD credentials.

