Site: Behavioral Health Services
Address: 320 Needham St., Newton, MA

Narrative Report - BHI-MV

Behavioral Health Index - Multimedia Version

Summary of Results for:

Client Name: Sample Client Client ID: 1232

Client Address: 123 Main St. Administration Date: 10/3/2014

Newton, MA 02464

Admission Date: **10/3/2014**

Client DOB: 6/1/1990 Program #: 562

Gender: Male Class: Intake/initial

Social Security #: 999-99-9999 Interviewer Code: 106

Interview: BHI-MV Payer/Insurer: Commercial Payer

Service: Outpatient/non-Methadone

Scoring / Rating Summary

Problem Areas	Severity Ratings ¹	Composite Scores ²	Perception ³	Motivation⁴			
Medical	1	0.000	Not at all	Not at all			
Employment	4	0.097	Slightly	Moderately			
Alcohol	6	0.483	Considerably	Considerably			
Drug	4	0.075	Moderately	Slightly			
Legal	2	0.100	Considerably	Slightly			
Family/Social	3	0.150	Slightly/ Not at all	Slightly/ Not at all			
Psychiatric	4	0.114	Moderately	Considerably			
Tobacco			Moderately	Moderately			
Gambling			Slightly	Not at all			
Range	0-9	.000-1.000	0-4	0-4			
1,2	1,2,3,4 see BHI-MV Graphic Profiles pages at end of report for further information						

Problem Area	PC-PTSD Screen Score - YES Responses				
Trauma	4				
Research suggests that 3 or more "YES" responses on the PC-PTSD screen should be considered "positive" for					
possible PTSD problems, but furth	er evaluation is recommended.				

<u>Clinician Note</u>: Any Domain without a score (or where there is an "X") is a result of the client not answering key questions in those areas. If this occurs, the clinician can go over the questions in that Domain with the client in a face-to-face meeting (Domain questions are provided in the "Question/Answer Report").

Low scores do not necessarily indicate the absence of a problem, because the client's self-perception of problem severity and motivation to receive help are factored into these scoring formulas. See the content of the narrative report for more detail on the client's self-reported data.

Identifying Data

Mr. Client is a 24 year old married, male, who reported he has no religious preference. He considers his race to be White and he is not of Hispanic, Latino or Spanish origin. He has lived at the above address for 10 year(s), 0 month(s) and in the last 30 days he has not been in a controlled environment.

Mr. Client has been in the Army and has been involved in combat or a hostile fire zone. He is currently not in active duty or in the Reserves or National Guard and his discharge status is honorable.

Medical Status

Medical Severity Rating: 1 – (No real problem)

The following were answers to specific questions that, if answered "Yes", may require follow-up:

Has chronic medical problems: No Regularly taking, or should be taking prescribed medication: No

He reported being hospitalized for medical problems about 3 times in his life. The last hospitalization for medical problems was about 10 years, 0 months ago. He has not visited a hospital emergency room in the last 30 days. He reported having 0 days of medical problems in the last 30 days and that he does not have an ongoing physical or medical problem that interferes with daily activities and does not receive money for a physical disability. He reported having no other medical problems. In addition he reported having no problems with pain.

Mr. Client reported to be not at all troubled or bothered by medical problems in the last 30 days and that receiving medical treatment is not at all important at this time.

Clinician Impressions/Information (e.g. more specifics on any medical problems, medications, hospitalizations and current medical care; is there chronic pain – if yes, explain; does the client get enough to eat on a regular basis – if no, explain):

Employment Status

Employment Severity Rating: 4 - (Moderate problem)

Mr. Client reports his highest level of education was 1 year of college, and that he had 0 years and 6 months of additional formal or technical training. He does have a profession, trade or skill. His longest full-time job was 2 years, 0 months, and His usual employment pattern over the last 3 years has been full time. The best description of His occupation over the past three years is administrative. In the past 30 days he has spent 2 days seriously looking for work and reports having problems that affected work 0 days during that period. He reports having a valid driver's license and having access to a car. He does not have other forms of transportation available to him. He reports that no one depends on him for the majority of their food, shelter or financial support. He does not regularly receive financial support from family, friends or significant others.

He reported working 20 of the past 30 days and receiving about \$5000.00 in take home pay. Also, in the past 30 days he reported receiving nothing from Unemployment Compensation, nothing from Public Assistance, Welfare or Food Stamps, nothing from any Pension, Disability, Worker's Compensation, Social Security or Veteran's Benefit, nothing from family, friends or significant others and nothing from other sources. He also reported receiving nothing from illegal sources.

Mr. Client reported being slightly troubled or bothered by employment problems during the past 30 days and that receiving help or counseling for employment problems is moderately important at this time.

Clinician Impressions/Information (e.g. more specifics on employment situation, barriers to employment, problems that interfere with work and current attitude about work):

Alcohol / Drug Status

Alcohol Severity Rating: 6 – (Considerable problem)

Drug Severity Rating: 4 – (Moderate problem)

Within the indicated time period, Mr. Client reported using:

Substance	Age 1st Use	Past 30	Days	Lifetime (3	x/week)	Route
Alcohol – any use	12	20	days	5	years	
Alcohol – to intoxication		1	days	0	years	
Heroin	-	0	days	0	years	-
Methadone/Buprenorphine	-	0	days	0	years	-
Other opioids or pain medications	24	5	days	0	years	Swallowed
Barbiturates	-	0	days	0	years	-
Tranquilizers	-	0	days	0	years	-
Cocaine	-	0	days	0	years	-
Amphetamines/Methamphetamines	-	0	days	0	years	-
Cannabis	19	10	days	5	years	Smoked
Hallucinogens	-	0	days	0	years	-
Inhalants	-	0	days	0	years	
Ecstasy / MDMA	-	0	days	0	years	-
GHB	-	0	days	0	years	-
Ketamine	ı	0	days	0	years	-
K2 / synthetic cannabis	20	0	days	0	years	Swallowed
Rohypnol / Roofies	-	0	days	0	years	-
Bath Salts	1	0	days	0	years	-
Over the counter medication	-	0	days	0	years	-
Other / unknown	1	0	days	0	years	-
More than one substance		10	days	5	years	

The cannabis Mr. Client reported using was marijuana or hashish, not prescribed to him, , .

Mr. Client reported that in the last 30 days he has used the following prescription opioid pain medication:

Opioids Used	Days Used Total	Days Used Not as Prescribed	Route of Administration	Source	
New OxyContin®	2	2	Chewed it, and then swallowed it	Given to me by family or friend	
Xartemis™ XR	1	1	Chewed it, and then swallowed it	Given to me by family or friend	

Mr. Client reported that in the last 30 days he has not used any prescription stimulant medication.

Mr. Client selected Alcohol as his primary problem substance, selected Marijuana or hashish as his secondary problem substance and selected other opioids or pain medications like OxyContin, Oxycodone, Vicodin or Percocet as his tertiary problem substance. Considering all substances used, Mr. Client reports that opioid medication is not a problem.

Mr. Client reports to be currently not clean and sober. He began using again less than a month ago. In the past he has experienced DT's 0 times. He also states that he has overdosed 0 times. He has never been able to maintain a voluntary abstinence from all primary substances for at least one month. The most recent period lasted less than a month. He also reports spending \$50.00 on alcohol and spending \$200.00 on drugs in the last thirty days.

Mr. Client reported that in the last 30 days spending 5 day(s) attending any outpatient treatment or counseling, and 0 days attending AA/NA meetings. He also reports entering treatment for alcohol 1 times in his life and 0 times for drugs. Of these, 0 times were for alcohol detox. He reported it is slightly important for him to change his living situation to stay clean and sober and that he is not at all interested in talking with someone about his housing situation.

Mr. Client reported that in the last 30 days he had 5 days of problems related to drinking and to being considerably troubled or bothered by alcohol problems. He indicated that receiving treatment or counseling for alcohol problems is considerably important at this time.

Mr. Client also reported that in the last 30 days he had 0 days of problems related to using drugs and to being moderately troubled or bothered by drug problems. He indicated that receiving treatment or counseling for drug problems is slightly important at this time.

Gambling

Mr. Client reported that in the last 30 days he has gambled 10 days. He has never felt gambling has been a problem, or that he should cut down on gambling and his family and friends have expressed concerns about gambling. He reported spending about \$100 on gambling in the past 30 days.

Mr. Client reported being slightly troubled or bothered by gambling problems. He indicated that receiving treatment or counseling for gambling problems is not at all important at this time.

Tobacco or Nicotine

Mr. Client reported that in the last 30 days he has smoked about 5 cigarettes a day, not including e-cigarettes. Additionally, in the past 30 days he reported using E-cigarettes, Nicotine lozenges, such as Verve. In his lifetime, he estimated smoking or using tobacco products, at least three times a week, for about 7 years. He reports being about 17 years old when he first started using tobacco or nicotine products.

Mr. Client reported being moderately troubled or bothered by tobacco or nicotine problems. He indicated that receiving treatment or counseling for tobacco or nicotine problems is moderately important at this time.

Clinician Impressions/Information (e.g. more specifics on current alcohol/drug use amounts and patterns, problems with past sobriety attempts, problems with past treatment episodes and attitude about wanting help at this time.):

Legal Status

Legal Severity Rating: 2 – (Slight problem)

The following are answers to specific questions that may require follow-up:

Were you pressured to enter this current treatment by the legal system?

Are you currently on probation or parole?

No
In the past 30 days, how many days were you in prison or jail?

None
In the past 30 days, how many days did you do anything illegal for profit?

None

Legal Arrests and Charges:

Mr. Client denies having ever been arrested and charged for any crime.

Mr. Client also reports that, in his lifetime, he has been arrested/charged with disorderly conduct, vagrancy, or public drunkenness 0 times, driving while intoxicated (DWI) 0 times, other driving violations 3 times, and other offenses 0 times.

Since the age of 18, he has never been in jail or prison.

Mr. Client reports feeling any legal problems are slightly serious and that receiving counseling or referral for legal problems is slightly important at this time. Additionally, he feels any family-related legal problems are not at all serious and that receiving counseling or referral for family legal problems is not at all important at this time.

Clinician Impressions/Information (e.g. more specifics on any legal problems, terms of any probation or parole and substance abuse role in legal problems.):

Family/Social Status

Family / Social Severity Rating: 3 - (Slight problem)

Mr. Client reports that his current marital status is married, that he has been in that status for 1 years, 0 months and that he is satisfied with this status. In the past year he has been sexually active and, in the past 30 days, was sexually active with 2 people.

He currently lives in a private home or apartment. For 1 year, 0 months of the past three years his usual living arrangement has been with significant other or spouse alone. He reports being satisfied with this arrangement.

He reported the following answers to specific questions that may require clinician follow-up:

Lives with anyone who abuses alcohol: No Lives with anyone who abuses drugs: Yes Has ever been emotionally abused: No Has been emotionally abused in past 30 days: No Has ever been physically abused: No Has been physically abused in past 30 days: No Has ever been sexually abused: Yes Has been sexually abused in past 30 days: No

Mr. Client reports spending most of his time with his live-in significant other and being satisfied about this. He reports having 3 close friends and has a close, long-lasting, personal relationship with at least one of them.

Mother – Mr. Client reports not having had a close, long-lasting, personal relationship with his mother. In his lifetime, there were periods when he had serious problems getting along with his mother. In the past 30 days, he had no recent contact with his mother.

Father – He also reports never knowing his father.

Sibling(s) – Mr. Client reports he has no siblings.

Spouse or Significant Other – He reports having had a close, long-lasting, personal relationship with his spouse or significant other. In his lifetime, there were periods when he had serious problems getting along with his spouse or significant other. In the past 30 days, he has not had serious problems getting along with his spouse or significant other.

Children – He reports he has no children.

Other Significant Family Members – Mr. Client, in his lifetime, reports there were periods when he had serious problems getting along with other significant family members. In the past 30 days, he has not had serious problems getting along with other significant family members.

Close Friends – He reports having 3 close friends, and has had a close, long-lasting, personal relationship with at least one of his close friends. He reports in his lifetime, there were periods when he had serious problems getting along with any close friends. In the past 30 days, He has had serious problems getting along with his close friends.

Neighbors – Mr. Client, in his lifetime, reports there were periods when he had serious problems getting along with neighbors. In the past 30 days, he has not had contact with neighbors.

Co-Workers – The client reports in his lifetime, there were no periods when he had serious problems getting along with any co-workers. In the past 30 days, he has not had serious problems getting along with any co-workers.

Mr. Client reports that in the past 30 days he has had no days of very serious conflicts or arguments with any family member or relative, and that he is slightly troubled or bothered about family problems. He reported that receiving treatment or counseling for family problems is slightly important at this time.

Mr. Client reports that in the past 30 days he has had no days of very serious conflicts or arguments with any people outside the family, and that he is not at all troubled or bothered by problems with people other than family. He reported that receiving treatment or counseling for social problems is not at all important at this time. Note that social problems include loneliness, inability to socialize, and dissatisfaction or conflict with people other than family.

Clinician Impressions/Information (e.g. more specifics on any family/friend problems, number and ages of children, specifics about any abuse and current supportive network):

Psychiatric Status

Psychiatric Severity Rating: 4 – (Moderate problem)

Mr. Client has not been prescribed medication for psychological or emotional problems within the past 30 days, and in his lifetime has been prescribed medication. He reported having received a diagnosis for an emotional or psychological problem and is currently not receiving any professional help for psychological problems.

He reported having received a diagnosis of: depression or mood disorder.

He reported having problems sleeping in the past 30 days. In addition to the eating disorder problem list questions in the table below, he reported being slightly with his body.

Mr. Client reported the following past 30 day and lifetime answers to the psychological problem list below:

Psychological Problem List	Past 30 Days	Lifetime
Mood		
Seriously depressed	No	YES
Mood swings, which interfere with life	No	YES
Anxiety		
Seriously anxious or tense	No	YES
Anxiety or panic attacks	No	No
Fears of social events, or being in crowds	No	No
Eating		
Purging behaviors after eating	No	No
Anorexic behaviors, excessive weight loss	No	No
Binging behaviors, eating excessive food	YES	YES
Thought Disorder		
Paranoid feelings	No	No
Trouble concentrating, understanding, remembering	No	YES
Visual or audio hallucinations	No	No
Violence		
Temper or violent behavior control problems	No	No
Hurt or injured self on purpose	No	No
Plan to hurt or kill someone	No	No
Suicide		
Serious plan for killing self	No	No
Suicide attempts	No	No

In addition, he reported the following answers to the Post Traumatic Stress Disorder screen (PC-PTSD):

Trauma - In your life, have you experienced the following symptoms, from a past trauma:	Response				
Had nightmares about it, or thought about it when you did not want to*					
Tried hard not to think about it, or went out of way to avoid situations that reminded you of it*					
Were constantly on guard, watchful, or easily startled*					
Felt numb or detached from others, activities or surroundings					
*Presented as 2 separate questions in interview Total YES Responses:					
Research suggests that 3 or more "YES" responses on this PC-PTSD screen should be considered "positive" for possible					
PTSD problems, but further evaluation is recommended.					

He reported never being hospitalized or in an inpatient setting for psychological or emotional problems. He does not currently receive a pension for a psychiatric disability.

Mr. Client reported that **today** he has been feeling:

Moderately	Down, blue and depressed
Slightly	Helpless and hopeless
Slightly	Angry
Slightly	Irritable
Not at all	Hostile
Slightly	Tense
Moderately	Very worried

Mr. Client reports that in the last 30 days, he has experienced the psychological or emotional problems referenced earlier, for 0 day(s). He reported being moderately troubled or bothered by psychiatric problems and that receiving treatment or counseling for psychiatric problems is considerably important at this time.

Psychiatric Risk Questions

Listed below are 16 questions of the Psychiatric Status section along with Mr. Client's answers to them. This gives the clinician important information, which may require immediate face-to-face intervention or follow-up.

Have you heard voices or saw things others could not see and hear, in the past 30 days?	No
• Have you heard voices or saw things that others could not see and hear, in your lifetime?	No
Have you had trouble controlling your temper or violent behavior, in the past 30 days?	No
Have you had trouble controlling your temper or violent behavior, in your lifetime?	No
Have you seriously considered a plan for killing yourself, in the past 30 days?	No
Have you seriously considered a plan for killing yourself, in your lifetime?	No
Have you attempted suicide, in the past 30 days?	No
Have you attempted suicide, in your lifetime?	No
Have you hurt or injured self on purpose, in the past 30 days?	No
Have you hurt or injured self on purpose, in your lifetime?	No
Have you had a plan to hurt or kill someone else, in the past 30 days?	No
Have you had trouble thinking clearly today?	Not at all
Have you had trouble concentrating today?	Slightly
Have you been hearing voices today?	Not at all
Have you been thinking of hurting yourself today?	Not at all

Clinician Impressions/Information (e.g. more specifics on psychological problems that effect functioning, medications, hospitalizations and current psychiatric care; also Mental Status specifics regarding: Mood and Affect / Thought Content / Thought Process / Speech / Memory / Orientation / Intellect / Insight / Judgment / Appearance / Posture / Psychomotor Activity / Current Risk Factors):

Summary

Mr. Client is a 24 year old married, White (not Hispanic), male, who reported his religious preference is None. He has lived at the above address for 10 year(s), 0 month(s) and in the last 30 days he has not been in a controlled environment.

In the questions related to mental status, Mr. Client reported that on the day of the BHI-MV administration he felt down and depressed, felt helpless and hopeless, felt angry, felt irritable, did not feel hostile, felt tense, and felt very worried.

In addition, Mr. Client reported that on the day of the BHI-MV administration he reported: no trouble with hearing voices, trouble concentrating, no trouble thinking of hurting himself, and no trouble thinking clearly. Also, in the past 30 days, he reported not having seriously considered a suicide plan, and not having made a suicide attempt. See the itemized **Psychiatric Risk Questions** for more information on risk.

The following is a summary of the three domains in which Mr. Client reported the most severe deficits in functioning:

Mr. Client had an Alcohol Severity Rating of 6. In the past 30 days he reported using Alcohol 20 days and 1 day to intoxication. He also reported that in the last 30 days he has spent 5 days attending any outpatient treatment or counseling, including AA/NA meetings. He also indicates that he has entered treatment for alcohol 1 times in his life and for drugs 0 times. Of these, 0 times were alcohol detox and (Not Asked) times were drug detox. Mr. Client reported that in the last 30 days he had 5 days of problems related to drinking and to being considerably troubled or bothered by alcohol problems. He indicated that receiving treatment or counseling for alcohol problems is considerably important at this time.

Mr. Client had an Employment Severity Rating of 4. In the past 30 days he reported having problems that affected work 0 days during that period. His longest full-time job was 2 years, 0 months and his usual employment pattern over the last 3 years has been 1. The best description of his occupation over the past three years is Administrative or technical (like a computer programmer, administrative personnel, manager, or owner of a small business). Mr. Client reported being slightly troubled or bothered by employment problems during the past 30 days and that receiving treatment or counseling for employment problems is moderately important at this time.

Mr. Client had a Drug Severity Rating of 4. In the past 30 days he reported using marijuana or hashish- 10 days. He also reported that in the last 30 days he has spent 5 days attending any outpatient treatment or counseling, including AA/NA meetings. He also indicates that he has entered treatment for alcohol 1 times in his/her life and for drugs 0 times. Of these, 0 times were for alcohol detox. Mr. Client also reported that in the last 30 days he had 0 days of problems related to using drugs and to being moderately troubled or bothered by drug problems. He indicated that receiving treatment or counseling for drug problems is slightly important at this time.

This Summary of the three BHI-MV domains with the most severe ratings is intended to assist the clinician with treatment planning. The full report contains a more complete presentation of Mr. Client's responses.

Clinician Impressions/Information (e.g. more specifics on any problem area requiring intervention, preliminary treatment recommendations and client's current motivation to seek and use help):

If you, the clinician, think the BHI-MV calculated scores are not an accurate representation of the client's problems you can add your scores and reasons here. If there is no difference, select and delete this chart.

Note: Any added scores will not change the BHI-MV calculated scores in the database, so the validity and reliability of this tool is not compromised.

Problem	BHI-MV Calculated		Clinician Scores (if different)					
Areas	Severity Ratings*	Composite Scores **	Severity Ratings	Composite Scores	Justification for Difference ***			
Medical	1	0.000						
Employment	4	0.097						
Alcohol	6	0.483						
Drug	4	0.075						
Legal	2	0.100						
Family/Social	3	0.150						
Psychiatric	4	0.114						
* / ** See the Graph Prof	files page for ex	planation		*** Use space be	elow for further explanation			

This BHI-MV assessment and report is intended to be a significant part of, but not the entire clinical evaluation.

<u>Clinician Note</u>: Any Domain <u>without</u> a Severity Rating or Composite Score (or where there is an "X") is a result of the client not answering key questions in those areas. If this occurs, the clinician can go over the questions in that Domain with the client in a face-to-face meeting (Domain questions are provided in the Question and Answer report).

Clinician Signature (indicates revie	w of this report):	
	Date:	
Clinician's signature		
Clinician's printed name		

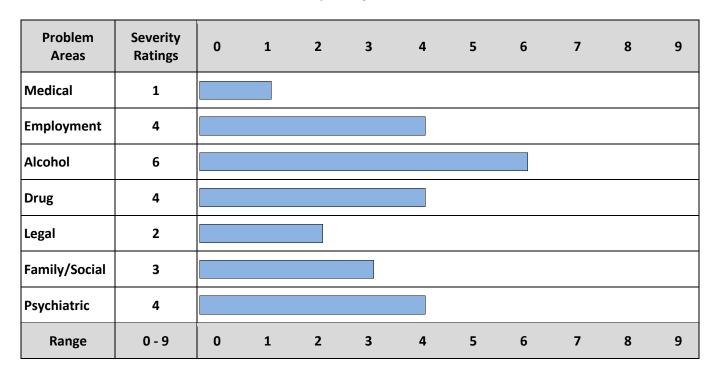
The following page contains the *BHI-MV Profile*, summarizing the **Severity Ratings**, **Composite Scores**, **Perception** and **Motivation** in each of the seven problem areas defined above.

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BHI-MV Graphic Profiles

Graph 1 of 3

Severity Ratings** BHI-MV



^{**} Severity Ratings are calculated from questions, which include "lifetime" data and are used for identifying problem areas and treatment planning. They should not be used to evaluate outcome or progress.

Severity Ratings** Interpretation Guidelines

- 0-1 No real problem
- 2-3 Slight problem
- 4 5 Moderate problem
- 6 7 Considerable problem
- 8 9 Extreme problem

Low **Severity Ratings** or **Composite Scores** do not necessarily indicate the absence of a problem, because the client's self-perception of problem severity and motivation to receive help are factored into these scoring formulas. See the content of the narrative report for more detail on the client's self-reported data.

BHI-MV Graphic Profiles

Graph 2 of 3

Composite Scores* BHI-MV

Problem Areas	Composite Scores	0	.1	.2	.3	.4	.5	.6	.7	.8	.9
Medical	0.00										
Employment	0.097										
Alcohol	0.483										
Drug	0.075										
Legal	0.100										
Family/Social	0.150										
Psychiatric	0.114										
Range	0.000 - 1.000	0	.1	.2	.3	.4	.5	.6	.7	.8	.9

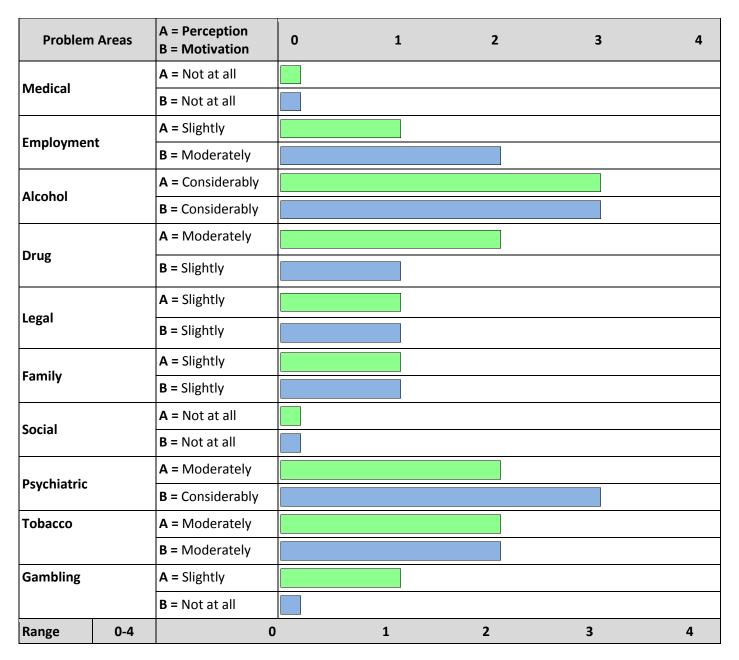
^{*} Composite Scores are calculated from questions regarding the past 30 days & are used primarily for research & outcome evaluations.

Clinician Note: Any Domain without a Severity Rating or Composite Score (or where there is an "X") is a result of the client not answering key questions in those areas. If this occurs, the clinician can go over the questions in that Domain with the client in a face-to-face meeting (Domain questions are provided in the "Question & Answer Report").

BHI-MV Graphic Profiles

Graph 3 of 3

Perception³ & Motivation⁴ BHI-MV



<u>Clinician Note</u>: Any Domain <u>without</u> a score (or where there is an "X") is a result of the client not answering key questions in those areas. If this occurs, the clinician can go over the questions in that Domain with the client in a face-to-face meeting (Domain questions are provided in the "Question/Answer Report").

³ Perception is a how troubled or bothered a client is by problems.

 $[\]frac{4}{\text{Motivation}}$ is how important it is for the client to receive help for problems now.

BHI-MV Report: Consistency of Response Summary

This section identifies pairs of questions in the BHI-MV in which the client did not answer consistently. Some of the inconsistencies listed may be due to normal human error; however, multiple inconsistencies may suggest a pattern of client misunderstanding or deception and should be followed up by the clinician.

Mr. Client did not answer 0 questions when taking the BHI-MV. Multiple skipped questions can result in the inability to calculate Severity Ratings or Composite Scores, and can compromise BHI-MV results.

Mr. Client had the following inconsistent responses in this assessment (out of 29 possible checks):

He reported having no drug related problems in the last 30 days, HOWEVER, to another question reported, being more than slightly troubled or bothered by drug problems in the last 30 days.